



*6687 N. Blackstone Ave # 105
FRESNO, CA 93710*

MISSION STATEMENT

Many disadvantaged Central Valley students need a place to develop the tools to succeed in life. These students of all ages are those who would not normally be able to participate in martial arts because of financial hardships, behavioral/psychological issues (such as Attention Deficit Hyperactivity Disorder), or other hardships that everyday life has brought upon them.

We of the Bushido-Kai S.P.I.R.I.T. Foundation, Inc. have a combined fifty-plus years of martial arts training which has guided us to growth and success into adulthood. Our organization has world championship experience in martial arts tournaments. Along with this, some of us are licensed social workers and accredited school teachers. Our Sensei and mentor, Stuart Quan, taught us a system in which one could learn and thrive in developing inner strength and self confidence. He has since passed on, leaving a void for a new generation of martial artists to fill. We of the Bushido-Kai S.P.I.R.I.T. Foundation, Inc. feel we can return the gift given to us by continuing his legacy.

Programs and activities that will accomplish our goals:

Goal: To develop self discipline, respect, confidence, and the attributes of a martial artist through:

- Ongoing Martial Arts group classes with curriculum that is broken into belt levels, white thru black; Japanese Shotokan Karate will be the base style, but other martial arts will be incorporated, such as Tae Kwon Do, Aikido, Boxing and Muay Thai.
- Rank tests will be the measuring tool to move up through the belt ranks; these tests will be graded upon personal best, but will not be easy as all requirements will be tested.
- Participation in local and national martial arts tournaments will also test these students' skills, which will further solidify confidence from within; our group will also hold an annual tournament for this purpose.

Students Pursuing Individuality Respect Integrity Trust



*BUSHIDO KAI S.P.I.R.I.T. FOUNDATION, INC
5717 N. FIRST STREET
FRESNO, CA 93720*

To Whom It May Concern:

Each year, Quan's Martial Arts continues to advance the cause of helping people find their inner strengths. Through our programs we have seen many lives changed for the better. Not only do we challenge men, women, boys and girls physically, but more importantly, mentally.

Last year we successfully launched our non-profit organization, Bushido-Kai S.P.I.R.I.T. Foundation, Inc. This foundation allowed us to sponsor people of all ages who otherwise would not have the opportunity to experience martial arts.

Adults and children alike thrive on the discipline, dedication and many other benefits that it takes to succeed in martial arts. Our hope is that by providing a safe and positive environment, that students of all age groups will not only have a place to express themselves through martial arts, but to also gain the confidence that will last them a lifetime.

Today, you can make an immediate difference in the lives of many children. Each donation provides all of our students with training by experienced black belts, a variety of equipment necessary for training, and most of all assistance to someone in our community. I hope we can count on you and others in our community to help.

With grateful appreciation,

Scott Goss
Secretary



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